



## Let's Pee Honest

So, you may leak a little (or a lot) when you: laugh, sneeze, cough, make a sudden movement or exercise.

**You're now on the list to be the first to know when INNOVO® is available for purchase!**

## But first:

1. Download this PDF & bring it to your next doctor's appointment.
2. Ask your doctor if INNOVO is right for you.
3. If INNOVO is the right treatment option, keep the Rx in a safe place.
4. Once product is available for purchase, visit **www.myinnovo.com**, upload your Rx and check out!

**INNOVO – 30 minutes a day. 5 days a week for just 3 months.**

**There are many roads to incontinence. But luckily, there's one proven solution: INNOVO.**

Easy to use, comfortable to wear and FDA cleared, INNOVO is a truly non-invasive active solution that helps you safely and effortlessly strengthen and re-educate your pelvic floor muscles through pain-free muscle stimulation — right from the comfort of your home!

**87%**

of users were defined as dry or nearly dry after 3 months.<sup>1</sup>

**90%**

of users would recommend INNOVO to others.<sup>2</sup>

**80%**

of users found INNOVO significantly improved their quality of life.<sup>2</sup>

## Contraindications:

**INNOVO should not be used if the patient:**

- Has a cardiac pacemaker, implanted defibrillator or any implanted electronic device.
- Is pregnant.
- Has a suspected or diagnosed heart condition, without consulting a clinician first.
- Has any implanted metal devices in the abdominal or pelvic areas including an Intrauterine Device.
- Has epilepsy or is under medical supervision for cognitive dysfunction.
- Is wearing the product necessitates placement over areas at which drugs/medicines are administered by injection.
- Do not use in close proximity (e.g. 3ft) to shortwave or microwave therapy equipment, as this may produce instability in the controller's output.

**The patient needs to wait before using INNOVO until:**

- At least six months after child birth or until lactation has ceased.
- The heavy days of period have finished.

In the United States, INNOVO® is FDA cleared to treat stress urinary incontinence in women.

References:

1. R. Dmochowski – Novel external electrical muscle stimulation device for the treatment of female stress urinary incontinence: randomized controlled noninferiority trial versus intravaginal electrical stimulation. ICS Conference 2018
2. Observational study on the treatment of stress urinary incontinence with Innovotherapy, April 2014

